



October 2019

St Aloysius

Contact Us :

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 French Toast Bacon and Tater Tots	2 Pizza Sticks w/ Marinara <u>Side: Broccoli</u>	3 Whole Grain Chicken Parmesan Over Whole Wheat Pasta <u>Side: Broccoli</u>	4 Twin Chicken Tacos w/ Brown Rice <u>Side: Corn</u>
7 French Toast Sticks with Bacon <u>Side: Tater Tots</u> <u>Weekly Special:</u> Bacon Egg & Cheese	8 Whole Grain Chicken Parmesan Sandwich <u>Side: Baked Fries</u>	9 BBQ Pork On Whole Grain Bun w/ Brown Rice	10 Meatball Sandwich On Whole Grain Bun <u>side: Baby Carrot</u>	11 Sweet and Sour Chicken Brown Rice <u>Side : Vegetables</u>
14 Pancakes Sausage & Tots <u>Weekly Special:</u> Popcorn Chicken	15 Double Turkey Hot Dog Day on Whole Grain Bun <u>Side: Carrots</u>	16 Pizza Stromboli <u>Side: Baked Fries</u>	17 Chicken Alfredo w/ Whole Grain Pasta <u>Side: Veg of the Day</u>	18 Mac and Cheese <u>Side: Broccoli</u>
21 Waffles, Bacon & Hash Browns <u>Weekly Special:</u> Hamburger Sliders	22 Roasted Vegetable Melt Sandwich <u>Veg: Squash</u>	23 Loaded Chicken Nachos <u>Veg: Corn</u>	24 Turkey Chili w/ Brown Rice <u>Side: Strawberries</u>	25 Grilled Cheese w/ Tomato Soup <u>Side: Apple Sauce</u>
28 Whl Grain Pasta Meatballs <u>Side: Garlic Bread</u> <u>Weekly Special</u> Chicken Nuggets	29 Whole Grain Breaded Chicken Tenders W/ brown Rice <u>Side: Corn</u>	30 Grilled Chicken Breast <u>Side: Roasted Squash</u>	31 Mozzarella Sticks w/ Marinara Sauce Veg of the day	

Meal Deal: Menu item plus side and a small drink for \$4.25

Ala Cart and Sides Provided Daily:

Cheese Pizza	\$2.25	Strawberries & Cream	\$2.50	Capri Sun	\$1.00
Topped Pizza	\$2.75	Fruit Side	\$ 1.85	Sm/Lg Water	\$0.80/\$1.00
Cheeseburger	\$3.25	Veggie & Dip	\$2.25	Sm/Lg Milk	\$1.10/\$2.00
Chicken Patty	\$2.95	Chicken Wrap	\$2.50	Wawa	\$1.85
Hot Dog	\$1.95	Pudding Parfait	\$ 2.15	Ice Cream	\$1.50-\$2.50
Entrée Salad:	\$4.75	Strawberries	\$2.50	Cookies	\$0.45 or 3/\$1.00

Specials:

Oct 4th Taco Day

Oct 17th Pasta Day



